

## DISCHARGE SUMMARY

<b>PATIENT NAME:</b> KHUMUJAM YAIKHOMBA SINGH	<b>AGE:</b> 1 YEAR & 6 MONTHS, <b>SEX:</b> M
<b>REGN: NO:</b> 12918751	<b>IPD NO:</b> 93130/25/1201
<b>DATE OF ADMISSION:</b> 04/05/2025	<b>DATE OF DISCHARGE:</b> 12/05/2025
<b>CONSULTANT:</b> DR. K. S. IYER / DR. NEERAJ AWASTHY	

### DISCHARGE DIAGNOSIS

- Congenital Cyanotic Heart Disease with decreased pulmonary blood flow
- Tetralogy of Fallot
- Nonrestrictive malaligned large perimembranous ventricular septal defect (Bidirectional shunting)
- Severe Infundibular + valvular Pulmonary stenosis
- L-malposed aorta (anatomically corrected malposition of great vessels)
- Patent foramen ovale
- Small patent ductus arteriosus

### OPERATIVE PROCEDURE

**Trans right atrial - Dacron patch closure of ventricular septal defect + Infundibular Muscle bundle Resection + Right ventricular outflow tract and Main pulmonary artery augmentation with transannular untreated autologous pericardial patch + Direct closure of patent foramen ovale + Patent ductus arteriosus ligation done on 05/05/2025**

**Tricuspid valve inspected and found satisfactory. Right ventricular outflow tract and Main pulmonary artery took Hegar dilator No 13 and Right pulmonary artery and Left pulmonary artery accepted Hegar No 8.**

## **CONDITION AT DISCHARGE**

His general condition at the time of discharge was satisfactory. Incision line healed by primary union. No sternal instability. HR 120/min, normal sinus rhythm. Chest x-ray revealed bilateral clear lung fields. Saturation in air is 98%. **His predischarge x-ray done on 12/05/2025**

**In view of congenital heart disease in this patient his mother is advised to undergo fetal echo at 18 weeks of gestation in future planned pregnancies.**

**In view of advanced maternal age, the mother had been advised to do chorionic villus sampling or amniocentesis early in any future pregnancy to exclude Down's syndrome and she has also been advised a detailed congenital anomaly scan in next pregnancy.**

**Other siblings are advised detailed cardiology review.**

## **PLAN FOR CONTINUED CARE:**

**DIET : Fluid restricted diet as advised**

**Normal vaccination (After 6 weeks from date of surgery)**

**ACTIVITY: Symptoms limited.**

## **FOLLOW UP:**

**Long term cardiology follow-up in view of:-**

- 1. Possibility of recurrence of Right ventricular outflow tract obstruction**
- 2. Free pulmonary regurgitation**
- 3. Tiny residual shunt (left to right shunt)**
- 4. Mild tricuspid regurgitation (2 - 3 jets)**

**Review on 13/05/2025 in 5<sup>th</sup> floor at 09:30 AM for wound review**

**Repeat Echo after 6 - 9 months after telephonic appointment**



## **PROPHYLAXIS :**

**Infective endocarditis prophylaxis prior to any invasive procedure**

## **MEDICATION:**

1. Syp. Paracetamol 120 mg PO 6 hourly x one week
2. Tab. Pantoprazole 10 mg PO twice daily x one week
3. Tab. Fluconazole 70 mg PO once daily x one week
4. Syp. Lasix 10 mg PO thrice daily till next review
5. Tab. Aldactone 6.25 mg PO thrice daily till next review
6. Syp. Shelcal 5 ml PO twice daily x 3 months

7. Nasoclear nasal drop 2 drop both nostril 4<sup>th</sup> hrly
8. Nebulization with normal saline 4<sup>th</sup> hrly

➤ All medications will be continued till next review except the medicines against which particular advice has been given.

**Review at FEHI, New Delhi after 6 – 9 months after telephonic appointment  
In between Ongoing review with Pediatrician**

**Sutures to be removed on 19/05/2025; Till then wash below waist with free flowing water**

**4<sup>th</sup> hrly temperature charting - Bring own your thermometer**

- Frequent hand washing every 2 hours  
➤ Daily bath after suture removal with soap and water from 20/05/2025

**Telephonic review with Dr. Parvathi Iyer (Mob. No. 9810640050) / Dr. K. S. IYER (Mob No. 9810025815) if any problems like fever, poor feeding, fast breathing**





**(DR. K. R. THIRUMALA)**  
**(ASSOCIATE CONSULTANT)**  
**PEDIATRIC CARDIAC SURGERY)**



**(DR. K. S. DIER)**  
**(CHAIRMAN)**  
**PEDIATRIC & CONGENITAL HEART SURGERY)**

Please confirm your appointment from (Direct: 011-47113888, 47113889, 47113890, 47113891)

- > Poonam Chawla Mob. No. 9891188872
- > Teena Abraham Mob. No. 9886158270
- > Gulshan Sharma Mob. No. 9910844954
- > To make appointment between (9-30 AM - (11-30 PM in the afternoon on working days)

**OPD DAYS: MONDAY - FRIDAY (9-10 A.M)**

In case of fever, wound discharge, breathing difficulty, chest pain, Bleeding from any site call  
471134500/471134556/471134554/471134553

Patient is advised to come for review with the discharge summary. Patient is also advised to  
visit the referring doctor with the discharge summary.